

2021 CALENDAR SAFETY WEBINARS

February

Supervising for Safety

[REGISTER](#)

February 9 | 10 am

Presented by: ERNwest

It is common for businesses and supervisors to struggle with motivating team members to follow safe work practices. It is even more difficult to engage, coach, and discipline those members who are unwilling to follow company rules. This training focuses on strategies to supervise and manage safety effectively and efficiently within your organization. Join us to learn and discover strategies to influence and improve overall team member safety performance within your organization.

Solving your Slip and Fall Problem in 5 Easy Steps

[REGISTER](#)

February 16 | 10 am

*Presented by: National Floor
Safety Institute*

How do you know if your floors are safe? Slip and fall injuries are one of the leading causes of time loss and serious injuries within the workplace. According to the Center for Disease Control and Prevention, the average hospital cost for a slip and fall injury is more than \$30,000. In this webinar, the National Floor Safety Institute will provide tips for Solving Your Slip and Fall Problem in 5 Easy Steps. The webinar will include tips on using high traction flooring, selecting the right cleaning products, floor matting, hazard warnings, and using appropriate footwear.

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March

Mentoring for Safety – Coaching vs Discipline

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March 9 | 10 am

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Mentoring, coaching, and discipline are powerful tools when used appropriately. This class will walk managers, supervisors, and leaders through the differences between the three. Through discussion and examples attendees will learn what each is best suited for and when to apply them.



ERNwest.com

800.433.7601 | safety@ernwest.com

www.OSHA.gov/safeandsound

Reduce Lift Injuries and Stop Doing What Doesn't Work!

[REGISTER](#)

March 16 | 10 am

*Presented by: Deborah Read,
President of ERGOFIT Consulting*

In this webinar for managers and supervisors, you will learn absolute recommended lifting limits, types of risk conditions to eliminate or avoid, what you might be doing to control lifting risk that's wasting time and money, as well as what some of the highest impact interventions are to reduce lifting injuries. Join Deborah Read, president of ERGOFIT Consulting, and learn some of the best methods for taking proactive steps to reduce lifting incidents.

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April

Expect the Unexpected: DOSH Compliance & Inspections

[REGISTER](#)

April 13 | 10 am

Presented by: ERNwest

Have you or your business ever been caught off guard by a visit from Washington State Department of Labor and Industries Division of Occupational Safety and Health (DOSH)? Getting ready for a DOSH compliance inspection can be overwhelming for companies not prepared. Learn the 5 reasons why DOSH compliance will visit your business, the documents that will be requested, the questions you will be asked, the resources available to you, and your right to appeal citations and fines issued following the visit.

Solving Your Slip and Fall Problem in 5 Easy Steps

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Beyond Zero Injuries

[REGISTER](#)

April 20 | 11:15 am

*Presented by: Bill Sims, The
Bill Sims Company*

Is Zero injuries the right safety goal or is there a better one that will drive continuous improvement? Featured speaker Bill Sims will teach us what lies Beyond Zero, and how this is the goal your culture must strive for to not only survive but thrive in today's business landscape.

Bill Sims is a leadership speaker, author and leadership workshop developer. For more than 40 years, the Bill Sims Company has created behavior-based recognition programs that have helped large and small firms to inspire better performance from employees and increase bottom line profits. More than 1,000 firms have benefited from consulting with Bill, including Dupont, Disney, Siemens VDO, Coca-Cola, and Ford, to name a few.

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May

Hiring for Safety

[REGISTER](#)

May 11 | 10 am

Presented by: ERNwest

Culture, and a culture of safety, are buzz words in modern American business. This class will help managers, supervisors, human resources, and other hiring professionals cut through the buzz and determine what their culture is, how to gauge it, and how to affect it in meaningful, positive ways. Through discussion and examples attendees will learn how their culture affects the safety of their staff, and how they can use it to ensure their staff are safer.

Drug Free Workplace

[REGISTER](#)

May 18 | 10 am

*Presented by: Tom Pool, Executive
Administrator for Drug Free Business*

The stress of the COVID-19 pandemic has affected the workplace in many ways, including illicit drug use. Employers in Washington are within their rights to drug test employees and should do so to provide a safe workplace for all employees. Guest speaker Tom Pool of Drug Free Business talks today about the importance of maintaining a drug free workplace and offers information on training supervisors and managers on how to recognize the signs and symptoms of drug abuse at work. Tom worked with the DEA for 21 years and is a retired US Navy Reservist. He has worked with states across the nation on combating drug abuse and co-founded Drug Free Business, where he now serves as the Exec Admin.

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June

Fundamentals of Ergonomics

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June 8 | 10 am

Presented by: ERNwest

Most employers are familiar with the term “ergonomic” but not necessarily with the principles it represents. Utilizing discussion and examples this class will lead managers, supervisors and other safety leaders through the foundations of ergonomics, why ergonomics matter and explore some specific ways in which they can help prevent injury to employees through appropriate application of ergonomic principles.

Unified Fall Protection

[REGISTER](#)

June 15 | 10 am

Presented by: Erich Smith Labor & Industries Technical Expert

Erich Smith, Labor and Industries Technical expert, will provide an overview and any updates to the current Unified Fall Protection Rule of Washington State Labor and Industries. Erich assisted in writing the most current version of the fall protection rule and will provide insight and knowledge of the regulations pertaining to this all-important topic.

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JULY

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Ladder Safety

[REGISTER](#)

July 15 | 10am

Presentation by ERNwest

Ladders are involved in nearly half a million injuries, and hundreds of deaths, every year. Ladders are also routinely in the top 10 citations for OSHA. The key to preventing injuries and citations is a proper ladder safety program. This class will cover what needs to go into that program as well as some of the tools available to you - mostly for free - that can make it easier to stay on top of your ladder safety.

Ladder Safety GRIP Specific

[REGISTER](#)

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August

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September

Expect the Unexpected: DOSH Compliance & Inspections

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September 14 | 10am

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10 Feet Tall and Bulletproof

[REGISTER](#)

September 16 | 10am

Presented by: Jack Jackson, Safestart

Does the term “that’ll never happen to me” sound familiar? Do you have people in your organization that are “10 Feet Tall and Bulletproof?” Jack Jackson, president of Zion Safety Consulting and senior consultant with Safestart, will lead attendees through the transition all employees need to make, from thinking that nothing can hurt us to learning from our mistakes. Jack previously led a former employer to a 10-year period without a lost time accident and will engage us in critical thinking about safety cultures in the workplace.

Expect the Unexpected: DOSH Compliance & Inspections

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Presented by: ERNwest

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Cracking the Code on Lower Back Pain

[REGISTER](#)

September 28 | 10am

Presented by: Dr. Rindal, Vimocity

Lower back pain can affect us all. In fact, the Department of Bureau of Labor and Statistics states 1 in 5 on-the-job injuries involves the lower back. Dr. Kevin Rindal will present innovative strategies for preventing lower back injuries before they occur while concurrently building a more resilient workforce. Dr. Rindal, co-founder of Vimocity, has worked with the U.S. Olympic Swim Team, treated patients in his clinic, and taught classes to more than 20,000 industrial and office-based workers in multiple industries. Please join us for Cracking the Code on Lower Back Pain to learn important strategies for keeping workers safe and productive.

October

Mentoring for Safety – Coaching vs Discipline

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October 12 | 10am

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Get It Together: Transforming Safety Culture and Performance Through Increased Safety Participation

[REGISTER](#)

October 26 | 10am

*Presented by: Julie Hile and Margret Davis,
The Hile Group*

This session will feature case studies from Hile Group's diverse client portfolio, illustrating how safety pros, ops managers, executive leaders, and front-line workers can work together to turn a vision of proactive safety into daily practice. Participants will take away an overview of how mixed teams build sustainable safety cultures within their companies and ways to start collectively changing mindsets and behavior.

November

Fundamentals of Ergonomics

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Workplace Violence

[REGISTER](#)

November 16 | 10am

Presented by: James Sporleder, Regulus Media, Inc.

Violence in our workplaces is a growing reality and one requiring our increased attention. OSHA cites an estimated 2 million workers in the U.S. who report being victims of workplace violence each year, with many more going unreported. And, unfortunately, acts of extreme violence, such as active shooter, are also on the rise, with the FBI reporting a three-fold increase between the years 2009 and 2016. This webinar, presented by leading industry member James Sporleder, will explore some foundational concepts related to the general awareness and prevention of workplace violence, as well as how to respond if an act of extreme violence were to occur in the workplace. Additionally, James will also be addressing some of the emergent workplace violence issues businesses currently face in the wake of the pandemic.

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December

OSHA 300 Recordkeeping Nuts & Bolts

[REGISTER](#)

December 14 | 10am

Presented by: ERNwest

Oh No! You have just been appointed to keep track of the OSHA 300 recordkeeping log. You are new to recordkeeping and have no idea what you are doing? Relax, let us guide you through the process and help answer your most burning questions? In this webinar, you will learn what is the OSHA 300 Recordkeeping, who is required to keep logs, when you should post your summary reports, why you should keep them and how to record injuries and how long to keep records. This course is perfect for employees who are new to the recordkeeping process or want a quick refresher.

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