# Basics of **KEPT ON SALARY (KOS)**

A strategy to cut down on workers' compensation costs.



## WHAT IS KOS?

KOS is when an employer pays an injured worker their regular pay while out because of a workplace injury.

Helpful Tip: It can take up to a few weeks to formally return your employee to modified-duty work. During that time, they may be eligible for time-loss benefits from L&I. Utilizing KOS, you can pay their regular wage—just as if they continued to work- instead of L&I paying time loss, keeping the claim medical-only and preserving your cost savings.

#### L&I RULES

- » Pay employee full wages as if they were at work and tax wages as normal
- » No deduction to vacation/sick leave

#### WHCA REQUIREMENTS

» Strongly consider KOS to avoid time loss.

Helpful Tip: Faster return-to-work lessens your KOS obligation.

# **KOS BENEFITS**

### **FINANCIAL HEALTH**

PAY LESS PREMIUM

L&I reduces rates between 10-40% when a company does not have time loss for a 3-year period.





#### **EARN A BETTER** REFUND

For every \$1 paid in time loss, L&I takes up to \$5 out of potential refund.

## **CLAIM CONTROL**

#### **KEEPS YOU IN THE KNOW**

Employers have the right to require updates on medical information like treatment notes and work restrictions when paying KOS.

#### **CREATES ACCOUNTABILITY**

KOS promotes communication with your employee about their treatments and upcoming medical appointments.

#### **GETS RETURN TO WORK (RTW) STARTED FASTER**

With good communication, you will know sooner when your employee is released to modifiedduty work. Offering this as soon as possible is the goal, not continual, unending KOS.

Helpful Tip: In rare situations where KOS is not immediately paid, you should be in consultation with your ERNwest claims manager or performance specialist.

## TIME LOSS HURTS

Loss of Claim-Free Discount: Once this discount is lost, it takes another three years to earn back.

Increased Rates: Premium can nearly double, which can impact the cost of every employee, every hour, for three years.



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