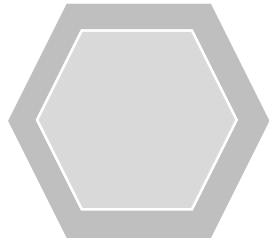


# GRIP

A BETTER HANDLE  
ON WORKERS' COMP



## GRIP ON SAFETY

Excellence  
Award

## GRIP on Safety Excellence Award Introduction

The Master Builders Association of King and Snohomish Counties (MBAKS) GRIP Retro program is proud to present the GRIP on Safety Excellence Award, recognizing companies within the GRIP Retro program that continue to lead the way in workplace safety. This award honors businesses that demonstrate exceptional commitment to injury reduction, maintaining low claim frequency and strengthening the GRIP Retro pool's performance through proactive safety practices.

GRIP members interested in applying can do so by completing and submitting the attached GRIP on Safety Excellence Award application form. Applicants who meet the program requirements and submit their application before the given deadline will be recognized.

If you have questions about the **GRIP on Safety Excellence Award**, please contact ERNwest at [safety@ernwest.com](mailto:safety@ernwest.com) or call 253-237-0812.

### Why Apply?

**Recognition:** Be recognized as an industry leader in workplace safety.

**Impact:** Showcase your safety leadership to peers, team members and clients.

**Rewards:** Eligible winners will receive a certificate of excellence, business recognition, hard-hat stickers and email signature.

### Who Should Apply?

Any GRIP Retro member with:

- zero DOSH violations or other serious infractions in the past (3) three years and in the current application year.
- an OSHA recordable claim frequency below the Washington State industry average for the most current OSHA log.
- zero time loss claims in the current plan year.
- an Experience Modification Rating (EMR) below 1.0.

### How to Apply?

1. Complete and sign the GRIP on Safety Excellence Award application form and attach the following documentation:
  - a copy of your most recent OSHA 300A Summary Report.
  - a screenshot or documentation of your current EMR.
2. Send application and required documentation to [safety@ernwest.com](mailto:safety@ernwest.com) before the given deadline.

## GRIP on Safety Excellence Application Form

Company Name		L&I Account Number	
Street Address	City	State	Zip Code
President/CEO	Phone	Date	
Safety Champion	Phone	Date	

**Eligibility:** Check all that apply and attach supporting documentation where noted.

- ☐ Current GRIP member in good standing.
- ☐ No in-patient hospitalizations, amputations, loss of eye, or fatalities in the past (3) three years or in application year and no time loss claims in the current year.
- ☐ No willful, repeat or failure-to-abate DOSH safety violations in the past (3) three years or in application year.
- ☐ Attach screenshot of most recent experience modification rating (EMR) below 1.0. You can go to <https://secure.lni.wa.gov/verify/> and use the SEACH BY... to find your public company profile, which will include EMR and citation history.
- ☐ Attach most recent **OSHA 300A Summary Report** form to application. (<https://www.osha.gov/sites/default/files/OSHA-RK-Forms-Package.pdf>)
- ☐ Claim frequency rate from most recent OSHA 300A Summary Report that is below the WA State NAICS industry average. (<https://data.bls.gov/iirc/>)

**Certification:** I certify that the information provided is accurate and that our company meets the eligibility criteria for the GRIP on Safety Excellence Award.

Signature of Person Completing Application	
Printed Name	Title
e-mail	Phone

- [illegible]

## Workers' Comp Rates

2025 experience factor ? 0.8900

**Employer's claim costs are lower than average.**  
*Past experience factors*

---

**Risk classifications**  
5301-12 Management Analyst Svcs

Hourly rate	Employee withholding
0.2239	0.09620

Screenshot of EMR

- 3. Where do I submit my application with documentation?** Applications and documentation must be submitted to [safety@ernwest.com](mailto:safety@ernwest.com) by the deadline.
- 4. Will completing the application prevent me from a DOSH Compliance Citation?** No, completing an application will not guarantee a citation-free DOSH visit.
- 5. What should I do if I do not know my North American Industrial Classification Code System (NAICS) code or do not see my Industry listed?** Contact ERNwest at [safety@ernwest.com](mailto:safety@ernwest.com). They can assist.
- 6. How do I calculate my frequency rate?** Frequency rate can be calculated by the # of OSHA recordable injuries x 200,000/total manhours worked or go to the BLS Incident Rate Calculator and Comparison Tool online. (<https://data.bls.gov/iirc/>)
- 7. Who will review application forms and submissions?** The program administrator will review all applications forms.
- 8. Will our EMR decrease if we complete an application?** No. However, companies who do actively participate are more than likely to have lower insurance and workers' compensation costs.
- 9. Is the information submitted in the application confidential?** Yes, the information contained in each application form is viewed only by the program administrator and is kept confidential.